

Spring 2024 Open Elective List – St. Clair College

CHATHAM CAMPUS

May 6, 2024, to June 16, 2024

SSC125G – SOCIOLOGY & GENDER RELATIONS

This course is intended to familiarize the student with the role that socialization plays in the construction of gender roles and gender-based stereotyping. We will also the power differential between the sexes which serves to keep women in positions of relative disadvantage in our society.

Section: 501 – 1545	Online	Limit: 38	Instructor: C. Goens	Asynchronous
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SSC209G – EAT WELL: BE WELL

In this course, students will explore the role of nutrition in their own physical, psychological, and social development throughout the lifespan. Topics to be explored include tools for assessing the diet, designing a healthful diet, and sources of macro-and micro-nutrients. The physiological processes of digestion and metabolism of food and nutrients are reviewed. Finally, the social and cultural aspects of eating, food, and nutrition will be discussed, with an emphasis on the student's own experiences.

Section: 501 – 1503	Monday: 9 am to 12:00 and 13:00 to 17:00	Limit: 20	Instructor: T. Gehl	Online - Synchronous
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May 6, 2024, to August 18, 2024

SSC205G – COMMUNITY SERVICE AND VOLUNTEERISM

This course is designed to promote the development of a personal value system that respects the merits of civic engagement through volunteerism. Students will reflect upon the development of their own Essential Employability Skills as a result of volunteer service in a community-based organization or agency.

Section: 501 – 1509	Monday: 12:00 – 15:00	Limit: 50	Instructor: S. Cooper	Online - Synchronous
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STUDENTS: Please ensure that you register for your elective section as early as possible.
Please check your schedule on the Student Self-Service Website for the most up-to-date information.